

Pioneer House
Sample Dining Room Menu
July 12-18, 2009

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Orange Juice Oatmeal Scrambled Egg Banana Muffin	Apple Juice Cream of Wheat Poached Egg Wheat Toast	Pineapple Juice Oatmeal Blueberry Pancakes Scrambled Egg Syrup	Cranberry Juice Malt O Meal Cheese Omelet Cinnamon Raisin Toast	Apple Juice Cream of Wheat Fried Egg Wheat Toast	Grape Juice Malt O Meal French Toast Sausage Syrup	Orange Pineapple Juice Cream of Rice Scrambled Egg Cinnamon Roll
Lunch	Cream of Potato Soup Polish Sausage Sauerkraut Fresh Carrots Rye Bread Gingerbread	Vegetable Soup Turkey Salad Plate Fresh Fruits French Bread Tapioca Pudding	Minestrone Soup Pizza Supreme Caesar Salad Neapolitan Ice Cream Sandwich	Herbed Vegetable Soup Chicken Balsamic Salad Focaccia Bread Fresh Fruit Cup	Chicken Rice Soup Cheese Quesadilla Mexican Rice and Bean Salad Melon Cup	Lentil Soup Egg Salad Sandwich Fruit Salad Butterscotch Pudding	Beef Barley Soup Tuna Salad Stuffed Tomato French Roll Frosty Sherbet Mold
Dinner	Turkey Rice Soup Pineapple Cottage Cheese Salad Roast Beef Gravy Mashed Potatoes Peas and Carrots Dinner Roll Carrot Cake	Cream of Mushroom Soup Citrus Salad Lemon Pepper Cod Steamed Rice Asparagus Dinner Roll Orange Whip	Split Pea Soup Spinach Salad Glazed Pork Roast Roasted Potatoes Broccoli French Roll Cherry Pie	Cream of Vegetable Soup Beet Salad Veal Marsala Mashed Potatoes Mixed Vegetables Dinner Roll Chocolate Cake	Tomato Basil Soup Caesar Salad Fettuccini with Meat Sauce Sautéed Zucchini Garlic Bread Fresh Strawberry Pie	Wonton Soup Oriental Coleslaw Cantonese Chicken Steamed Rice Asian Vegetable Blend French Bread Pineapple Coconut Cake	Chicken Rice Soup Cucumber Salad Braised Beef Tips over Egg Noodles Broccoli Focaccia Bread Bread Pudding

Breakfast Alternates: Fried Egg, Scrambled Egg, Poached Egg, French Toast

Lunch Alternates: Cottage Cheese and Fruit Plate, Ham Sandwich, Turkey Sandwich or Egg Salad Sandwich

Dinner Alternates: Cottage Cheese and Fruit Plate, Omelet made to order, Roasted Turkey, Baked Cod, Grilled Chicken Breast, Salisbury Steak, Rice, Pasta or Mashed Potatoes

Substitutions must be ordered by 7 pm the day before for breakfast, before 10:30am for lunch, and before 3:30pm for dinner
Milk and Hot Beverage Are Served With Each Meal. Therapeutic menus are available from Dietary.